

Universal Design Daily: 5 UDL #Hacks for K-12 Classrooms

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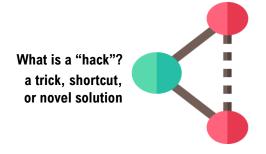


· ww

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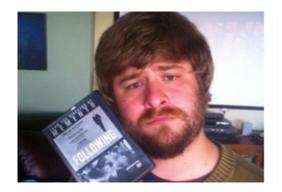
- www.inclusionrules.com
- @paulakluth
- researcher/consultant & author
- author of 14 books on inclusive ed (e.g., UDL, co-teaching, autism)
- former professor of education & K-12 inclusion facilitator

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captions



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Captions benefit everyone who watches videos (children, adolescents, college students, adults). More than 100 studies document that captioning a video improves comprehension of, attention to, and memory for the video.

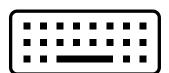


Captions are particularly beneficial for persons watching videos in their non-native language, for children and adults learning to read, and for persons who are D/deaf or hard of hearing.

Gernsbacher, M. (2015). "Video Captions Benefit Everyone"

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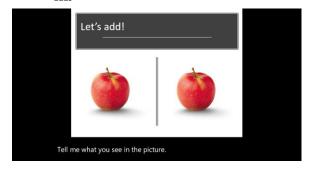
AAC/AT for all



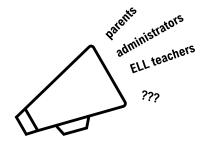
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closed captions

- Deaf or hard-of-hearing students
- emerging readers
- ELLs



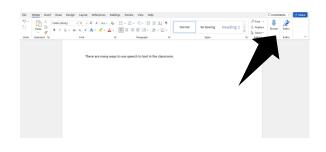
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built-in breaks



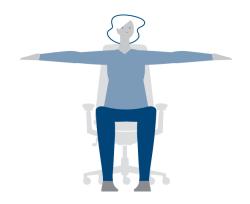
- international study42 studies

· adding movement without reducing academic teaching time

Norris, E., Steen, T.V., Direito, A., & Stamatakis, E. (2019). Physically active lessons in schools and their impact on physical activity, educational, health and cognition outcomes: a systematic review and meta-analysis. *British Journal of Sports Medicine*, 54, 826 - 838.









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trudge

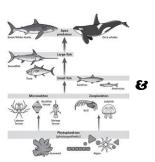
(traj) •

walk slowly and with heavy steps, typically because of exhaustion or harsh

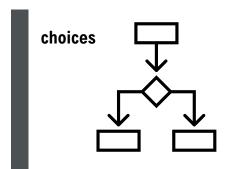
"I trudged up the stairs" · [more]
symposyms: plod · tramp · drag opeself · walk heavily ·

synonyms: plod - tramp - drag oneself - walk heavily - walk slowly - plow - slo footslog - toil - trek - clump - clomp - lumber - sprauchle - traik









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- · level of challenge
- · tools utilized
- · sequence of tasks
- · free time/genius hour
- · partners/groupings
- · topics of study
- · class rules/practices

Meals a set of flatherant for this set, "No can use the flatherant for this set," No can use the flatherant for this set," No can use the flatherant for this set, "No can use the flatherant for the set," No can use the flatherant for the flatherant for the flatherant for the flatherant flatherant

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